

BTL EMSELLA®

FREQUENTLY ASKED QUESTIONS

WHAT IS BTL EMSELLA?

BTL EMSELLA represents a new category of technology that provides a non-invasive treatment for pelvic floor muscles in incontinence and intimate discomfort.

HOW CAN PATIENTS BENEFIT FROM THE PROCEDURE?

Firstly, BTL EMSELLA helps patients to restore the control of their bladder, pelvic floor muscles and eliminate incontinence or any kind of intimate discomfort. Secondly, BTL EMSELLA is a truly non-invasive procedure where patients remain fully clothed.

HOW DOES BTL EMSELLA COMPARE TO THE OTHER PROCEDURES THAT ARE OUT THERE?

BTL EMSELLA is the only procedure that targets pelvic floor muscles and causes deep pelvic floor stimulation because of HIFEM®* technology. All other procedures such as intravaginal electrostimulation have a risk of burns and lack the effect as the electrical current treats tissue only superficially, not even mentioning the need to insert the disposable vaginal probe. Comparing to Kegels, patients are not able to properly contract pelvic floor muscles, build the routine to do Kegels at least 3x per day and do them in hundreds of repetitions to see some results.

WHO IS THE RIGHT CANDIDATE?

BTL EMSELLA is a great option for women of any age who desire solution for urinary incontinence, recovery after childbirth, and improvement in the quality of their intimate life.

IS IT SAFE?

BTL EMSELLA is FDA cleared, medical CE-marked, and represents the first innovative technology that has shown in multiple studies to treat incontinence and intimate discomfort. When you come in for a consultation, the doctor will cover how BTL EMSELLA works and discuss the unique safety profile in detail.

IS IT PAINFUL?

That is the best thing about BTL EMSELLA. Patients say it is relatively painless, the procedure feels like an intense pelvic floor workout. You can sit on BTL EMSELLA and relax during the treatment. During your consultation, our staff will be more than happy to let you experience the unrivaled comfort of the procedure.



IS THERE ANY DOWNTIME OR PRE/POST TREATMENT PREPARATION?

Compared to other procedures, there is absolutely no downtime with BTL EMSELLA. You can get back to any daily activity immediately following the procedure.

WHEN WILL I SEE RESULTS?

This may vary depending on your age, physical condition, and many other aspects. In general, patients begin to feel tangible results right after the treatment. Positive results typically continue to improve over the next few weeks.

HOW LONG DO THE RESULTS LAST? DO I HAVE TO REPEAT THE PROCEDURE REGULARLY?

Nothing in life lasts forever and this will vary according to your health condition. The clinical studies show that the majority of patients are able to maintain the results 6 months after their treatment series. However, we recommend booking another consultation a few months after your treatments to see if you may benefit from any additional treatments. Keeping a healthy lifestyle is the key to maintain your results in the longer term.

ARE YOU SURE THIS WORKS? IT SOUNDS TOO GOOD TO BE TRUE.

Yes, we have already treated many patients in our clinic and we are seeing great results! Everyone is really excited about this technology. Also, there are multiple scientific studies published that document in detail how BTL EMSELLA helps patients.

HOW MUCH DOES IT COST?

Well, it really depends. We need to see you to determine your medical condition and recommend how many treatments are needed to get the result you are after.

£200 per session (28 minutes).

Initial treatment course is 6 sessions minimum.

Additional treatments will be according to discussion/consultation.

Maintenance:

1-2 Emsella sessions – 6 monthly

Or

Physio referral for pelvic floor exercise instruction and monitoring.

Or

Personal pelvic floor exercise program.



*High-Intensity Focused Electromagnetic
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